

The background of the menu is a composite image. On the left, there are folded grey towels and a dark stone bowl filled with coarse salt, resting on a wooden surface. On the right, there are lit candles and more salt. The central part of the image is a solid teal color with a faint, circular, textured pattern.

TRANQUILITY
BODY & SOUL SPA

MENU OF SERVICES



St. James's Club
MORGAN BAY
Saint Lucia

Let your worries dissolve as we nurture your entire being with opulent spa therapies, beauty services and state of the art facilities that promise to nurture mind and body and leave you feeling energized, revitalized and healthy.


TRANQUILITY
BODY & SOUL SPA



THE MASSAGE COLLECTION

A couple is lying on their stomachs on a massage table, receiving a massage. The therapist's hands are visible, applying pressure to the couple's backs. The setting appears to be a professional spa or massage parlor with a clean, white environment.

COUPLES MASSAGE

50 min | USD \$210 Per Couple

Share the experience of a relaxing Swedish massage with your favorite person! Each of you will receive a soothing full-body massage as you lay side by side in the privacy of our couple's suite.

AROMATHERAPY MASSAGE

60 min | USD \$115

This treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and re-charged. Carefully applied pressures stimulate the nervous system while Swedish and neuromuscular massage techniques relieve muscular tension and lymphatic drainage helps encourage a healthy circulation.

CLASSIC SWEDISH MASSAGE

50 min | USD \$110

This classic European massage, featuring long strokes and kneading techniques improves circulation, eases muscle pain and lower stress.

THE MASSAGE COLLECTION

DEEP TISSUE MASSAGE

60 min | USD \$115

This massage utilizes the skills of the therapist's hands and the benefits of aromatherapy oils to alleviate muscle pain and achy joints. Perfect to relieve severe tension in the muscle and the connective tissue.



EXOTIC SEA SALT MASSAGE

60 min USD \$115

An exfoliating treatment that invigorates and rejuvenates your skin's natural beauty. This treatment will be followed by a Swedish massage, a deeply relaxing treatment for the full body.



LUCIAN HEAD MASSAGE

30 min USD \$55

A relaxing treatment, concentrating on the scalp and neck to reduce stress and ease tension.



OCEAN'S EDGE BACK MASSAGE

25 min USD \$65

This classic neck, back and shoulders massage will target the tension zones of the back and upper body.

THE SPECIALTY MASSAGE COLLECTION



BAMBOO MASSAGE

90 min | USD \$165

This unique new therapy uses bamboo sticks, excellent to relax tight muscles instantly. It's an effective way to release stress and tension, relieve aches and pains, loosen tight muscles and improve sports performance. The results go deeper and last longer than other massage techniques. The best part is that it feels amazing!



CARIBBEAN FOUR HANDS MASSAGE

60 min | USD \$150

This unique massage offer two therapists working in perfect synchrony to remove tension from tight muscle. This experience restores your energy, strengthens your health and wellness and empowers you to create your own escape to relaxation.



AROMA STONES MASSAGE

75 min USD \$165

Harnessing the properties of Basalt stones, we bathe them in warm water, anoint them with healing oils and massage them on key energy points of the body. The deep penetrating heat of volcanic stones combined with massage and warmed oils is simply divine...

THE SPECIALTY MASSAGE COLLECTION

FOOT ZONE THERAPY

60 min | USD \$110

This ancient Chinese therapy involves working with pressure points across the reflex zones of the feet to leave a sense of wellbeing. Each zone corresponds with vital organs or parts of our body and naturally restores and maintains balance.



SHIRODHARA MASSAGE

90 min | USD \$165

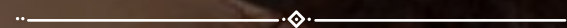
This treatment starts with an Ayurvedic Scalp massage to start the relaxation process by relieving headaches, stress and tension. Pouring of warm medicated herbal oil on the forehead to induce a balance state of peaceful rest for the mind and body.



BODY WRAP TREATMENTS

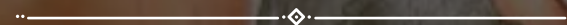
LUCIAN HERBAL WRAP 60 min | USD \$115

The entire body is cocooned, to stimulate, increase body temperature and encourage the elimination of toxins. After the detoxification process, enjoy a warm shower and a back massage.



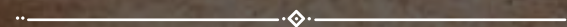
CHOCOLATE WRAP 60 min | USD \$115

Luxury at its best, made with local cocoa nibs, this all natural chocolate wrap is a heavenly treat for chocolate lovers. Not only will it woo your senses, it will feed your skin with powerful antioxidants for a younger-looking, radiant glow. Enjoy a warm shower and back massage at the end.



ALOE COOLER WRAP 60 min | USD \$115

Designed to sooth skin after a day in the bright St Lucian sun, this wrap treatment nourishes and rehydrate the skin using the healing powers of aloe-ideal for sunburns.



DETOXIFYING SEAWEED WRAP 60 min | USD \$115

Designed to ease tired muscle, arthritis and eliminate toxins from the body. Seaweed is gently warmed and then massaged the entire body before you are cocooned in a relaxing wrap. After the detoxification process, enjoy a warm shower and a back massage.

PEVONIA FACIAL TREATMENTS

DRY SKIN FACIAL 60 Min | USD \$115

Deliver immediate nourishment and protection to your dry, dehydrated skin.



OILY SKIN FACIAL 60 Min | USD \$115

Reveal flawless, shine free and refined complexion.



SENSITIVE SKIN FACIAL 60 Min | USD \$115

Desensitize with a program that gently yet immediately soothes your skin.



COMBINATION SKIN FACIAL 60 Min | USD \$115

Recover a balanced, hydrated complexion treatment options that normalize an oily t zone.



EARLY BIRD SPECIAL

USD \$87

BOOK ANY OF THE FOLLOWING 1 HOUR TREATMENTS
BETWEEN THE HOURS OF 9AM TO 11AM

- CLASSIC SWEDISH MASSAGE
- AROMATHERAPY MASSAGE
- EXOTIC SEA SALT MASSAGE
- AROMA STONES MASSAGE

CALL TRANQUILITY SPA - EXT 1214



TEEN SPA



TEEN FACIAL 50 Min | USD \$105

This treatment will cleanse away impurities and bacteria to restore a clean, clear complexion without dryness or irritation.

TEEN BACK MASSAGE 30 Min | USD \$50

This classic neck, back and shoulders massage will target the tension zones of the back and upper body.

TEEN MANICURE 30 Min | USD \$29

This hand treatment includes file, buff, massage and polish.

TEEN PEDICURE 30 Min | USD \$41

This foot treatment includes file, buff, massage and polish.

THE DAY EXPERIENCE

A collection of spa-related items is arranged on a dark brown bamboo mat. In the upper left is a round, textured object made of light-colored twine. To its right is a white ceramic bowl filled with a dark, granular substance. Below the twine ball is a small cluster of white and yellow flowers. In the center is a white ceramic bowl containing a thick, green, swirled paste. To the right of the green paste is a wooden bowl filled with white, flake-like crystals. In the foreground, two dark, smooth, rounded stones are stacked. In the background on the right, long green leaves of a plant are visible.

HERBAL SPA EXPERIENCE

3 hrs. | USD \$199

Herbal Massage
Herbal Wrap
Herbal Foot Zone Therapy
Herbal Scrub

TROPICAL SPA EXPERIENCE

2 hrs. | USD \$155

Tropical Manicure
Tropical Pedicure
Tropical Facial
Classic Back Massage

CHOCOLATE SPA EXPERIENCE

3 hrs. | USD \$220

Chocolate Massage
Chocolate Wrap
Chocolate Scrub
Chocolate Pedicure

DETOX SPA EXPERIENCE

2 hrs. | USD \$195

Detoxifying Seaweed Wrap
Detox Massage
Detox Facial
Detox Scrub

SPA OUTINGS

LADIES DAY 90 min | USD \$160

Join us for a day of pure indulgence to include, classic back massage, foot massage, tropical facial, scalp massage and a glass of bubbly.

MEN'S DAY 2 hrs. | USD \$155

Join us for the most relaxing experience known to man to include, classic back massage, scalp massage, refresh facial and foot massage.

HEN PARTY 90 min | USD \$99

Indulge in an aroma stone back massage, tropical facial, foot ritual, Balinese scalp massage.



NAIL TREATMENT



OCEANS EDGE MANICURE

30 min USD \$41

Perfect between regular manicures or when pressed for time, this quick fix includes nail filing, buffing, cuticles work and polish.

OCEANS EDGE PEDICURE

45 min USD \$52

Perfect between regular pedicures or when pressed for time, this quick fix includes nail filing, buffing, cuticles work, foot buffing and polish.

CHOCOLATE SPA MANICURE

50 min USD \$52

A luxury treatment of the hands starting with file, buff, cuticle work, chocolate exfoliation, chocolate mask, chocolate massage and polish. This nourishing manicure leaves your hands velvety soft and well groomed.

CHOCOLATE SPA PEDICURE

50 min \$60

A luxury treatment of the feet starting with file, buff, cuticle work, foot buff, chocolate exfoliation, chocolate mask, chocolate massage and polish. This treatment will restore moisture to damage feet and heels.

SHELLAC POLISH	15 min	USD \$33
FRENCH POLISH	15 min	USD \$26
FILE AND POLISH	15 min	USD \$26

WAXING - HAIR REMOVAL

EYEBROW WAX

15 min | USD \$18

LIP AND CHIN WAX

15 min | USD \$26

BIKINI WAX

30 min | USD \$29

HALF LEG WAX

30 min | USD \$41

FULL LEG WAX

60 min | USD \$64

UNDERARM WAX

20 min | USD \$29

BACK WAX

30 min | USD \$41

SALON SERVICES

SHAMPOO & BLOW DRY

30 min | USD \$46

LADIES CUT AND BLOW DRY

45 min | USD \$52

BRIDAL HAIR UP STYLE

45 min | USD \$69

MAKEUP

30 min | USD \$58

MAN'S CUT

30 min | USD \$44

LADIES COLOR

Starting at USD \$64

HAIR TRIAL

30 min | USD \$50

MAKEUP TRIAL

30 min | USD \$50

SPA POLICIES

APPOINTMENTS

We recommend you arrive in the spa 10 minutes prior to your scheduled treatment time so that you can complete a guest consultation form.

CANCELLATIONS

If you do need to cancel, please give us 24 hours notice to avoid a 50% cancellation fee.

PRICING

Prices are inclusive of Government Tax (VAT). Prices may be subject to change. Prices are in U.S. Dollars

ONLY BRING WHAT YOU NEED

Please leave all personal belongings in your guest room safe as the spa cannot accept responsibility for items left in the treatment room.

FOR YOUR COMFORT

In accordance with International Spa Industry Standards, certain medical conditions may prohibit your ability to experience some of our services. Please inform our professional staff of any allergies, sensitivities or if you are pregnant. As a courtesy to other guests, mobile phones are not permitted in any of our treatment rooms.

TRANQUILITY



TRANQUILITY

BODY & SOUL SPA

Spa Reservations: Ext. 1214 | Email: sd@stjamesclubslu.com

